



**DISCOVER
THE LAND OF THREE
WATERS!**



GUIDELINES
for tour operators
to the Lithuanian Seaside Cycle Route

“You have to see the Curonian Spit (...) if you don't want to lack a magnificent picture in your soul.”

Wilhelm von Humboldt, October 1809

Welcome to the captivating Lithuanian seaside – the land of three waters! There are stories to tell that still have fresh wounds of a living history. And there is pure nature to discover, far away from the mainstream.

Over the centuries, the Lithuanian seaside region has experienced numerous attacks and battles: the warlike Vikings, followed by German knights, then the flood of Napoleon's army and the marching soldiers of the Russian tsars. In the period after World War I it became a co-ruled domain of French, British and Americans... This land has witnessed the extinction of an ancient tribe – the Curonians – and has become an outpost of Western European civilisation. Right here, at the mouth of a significant waterway, the Teutonic knights founded the brick castle of Memelburg in the 13th century nowadays the city of Klaipėda. Since the 17th century seamen and traders from England, Scotland, Holland, Sweden and Denmark have been working in the old town of Klaipėda. Klaipėda has been open to Jewish, Catholic, Mennonite, Lutheran, Anglican and many other communities that have contributed to the city's rich cultural heritage and environment.

The Lithuanian seaside region is a distinctive corner on the map of Europe. This land is washed by three bodies of water – the Baltic Sea, the Curonian Lagoon and the Nemunas River (Memel in German). Originating from the deep forests of Belarus, the Nemunas River, following its long route through several countries, reaches its delta in the Western part of Lithuania. The delta ends in the Curonian Lagoon, while the lagoon falls into the Baltic Sea.

Travelling south out of Klaipėda to Curonian Spit National Park, you can explore the colossal sand dunes, picturesque pine forests

and secluded bays – places that have inspired many celebrities like French philosopher Jean-Paul Sartre and his wife, French writer and feminist Simone de Beauvoir, and German Nobel Prize winner Thomas Mann, who built a summer home in Nida.

After a short trip by boat to the other side of the Curonian Lagoon, you can step out on Lithuania's biggest island – Rusnė. Embraced by two branches of the Nemunas River, the island has been cut off from the world for a long time. Its cosy fishing villages have maintained their unique spirit. In autumn and spring this region becomes a paradise for millions of migrating birds as well as for the stork – the national bird of Lithuania.

Heading north to Seaside Regional Park, you will cross a former Soviet military polygon and find yourself on a historical border between the German Reich and the Russian Empire!

Lithuanian Seaside Region explorers can enjoy a great variety of services – from 5-star hotels to cosy and fully equipped campsites. Connections to other parts of world are guaranteed via the Klaipėda International Ferry Port, Palanga International Airport, and the major highways that connect Klaipėda with the capital of Lithuania – Vilnius – which is four hours away by bus. To quote a famous traveller, Wilhelm von Humboldt, almost 200 years ago: “Visiting this place is a must, the same as seeing Spain or Italy.”



The Great Dune of Parnidis.

General information

Weather

The best time for bicycling holidays is from May to September. In the Lithuanian seaside region there is a seaside climate that is greatly influenced by the Baltic Sea. Curonian Spit National Park has more sunny days than any other place in Lithuania.

Food/Catering:

In the cities, supermarkets and large shopping malls as well as stores selling alcoholic beverages (with some food) work until 10 or 12 p.m., or 24 hours a day. Food stores, usually open until 8 p.m., can be found in the larger villages. During the daytime, alongside restaurants, coffee shops and bars, you can also find very cheap canteens (“valgykla” in Lithuanian). Traditional cuisine is from flour and potatoes. Cold beetroot soup (“šaltibarčiai”) is recommended. Lithuanians are famous for their beer.

Accommodation

High quality campsites like the one in Nida (www.kempingas.lt) are still rare, but there are some basic campsites near Palanga and Klaipėda. Rural tourism “Countryside Holidays Association” offers a range of accommodation at the Lithuanian seaside from safe places to pitch a tent to guesthouses and traditional countryside farmsteads with private WC and shower.

Traffic safety

The Seaside Cycle Route consists of a variety of roads. Plans are to complete a separate cycle trail on the Curonian Spit by the end of 2006. Cycle paths are planned in Klaipėda, from Klaipėda to Palanga, and from Palanga to Būtingė. A portion of route (south of Klaipėda) is on ordinary roads, some parts are gravel.

Traffic is heavy around the cities, during rush hours and on weekends (on recreational routes). Be aware of speeding lorries and cars, which do not care much about cyclists. A helmet is recommended but not required. A bicycle with wider tyres (37 mm)

and suspension is recommended for roads, which are in poor condition.

Money

The national currency of Lithuania is Litas (Lt). 1 Litas = 100 cents (ct). Litas is fixed to Euro at 1 EUR = 3.45 Lt.

There's a bank with an ATM (Visa Electron, Maestro, Visa, MasterCard) in every town. All banks are open from Mon.–Fri. from 10 a.m. to 4 p.m., and some have longer business hours.

Time

Lithuania belongs to the Eastern European Time Zone and overwinds a clock in winter and summer.

Central European Time: + 1 hour, Greenwich Mean Time: + 2 hours.

Medical services

Emergency and medical services tend to be below Western standards. Good care and medical facilities are concentrated in the regional centre Klaipėda. But be cautious about care at most hospitals and clinics; without insurance you can end up paying a lot for a hospital room. Insurance is recommended. A wide network of pharmacies with a large variety of medicine exists in all cities and towns across Lithuania.

Telephone

The Lithuanian telephone code is +370. Dialling inside the country: 8 + city code + number. Mobile phone numbers start with 8~6XX XX XXX (or +370 6XX XX XXX by mobile phone). Dialling abroad: 00 + country code.

In Lithuania there are several mobile operators, which are all connected with international networks.

Emergency

Emergency mobile number: 112.

Information: 118, 1588.

Information

All necessary information can be found in tourist information centres that are in the larger cities as well as in regional and national parks (see the list on the back cover page).





Bicycling route in Nida

Where to get a bicycle for cycling tour?



Bicycle shops and repair services

The largest selection of bicycles and parts as well as bicycle repair services is concentrated in Klaipėda.

Several bicycle shops and repair shops can be found in the smaller towns and resorts: Kretinga, Palanga, Šilutė. Most of the bicycle shops in Klaipėda listed below offer repair services:

1. **Bicycle Shopping and Service Centre**, Turgaus Sq 25, tel. +370 46 41 19 49, www.fujibikes.lt
2. **Dviratis Plius**, Taikos Ave 56, tel. +370 46 34 49 66, www.saginda.lt
3. **G. M. Umarai**, Kulių Vartų St 5, tel. +370 46 41 10 52
4. **Panther Dviračiai**, Turgaus Sq 23, tel. +370 46 41 20 38
5. **Sanifinas**, Šilutės Rd 79, tel. +370 46 49 69 22
6. **2 Ratai**, Taikos Ave 40, tel. +370 46 38 16 66, www.2ratai.lt

Bicycle rental

There are plenty of places to rent a bicycle in the streets of the seaside resorts of Nida, Juodkrantė and Palanga. High quality trekking/hybrid bicycles, suitable for a few days' ride and long weekly tours, are available at a limited number of companies in Klaipėda. Countryside farmsteads and hotels offer ordinary bicycles.

Please note that insurance for bicycle rentals is not yet available in Lithuania. Therefore, companies that rent bicycles require a deposit and a signed contract.

Du Ratai Public Organisation (BaltiCCycle project)

Rental of high quality trekking/hybrid bicycles and tourist equipment; bicycle delivery/collection services in Lithuania, Latvia and Estonia; cycle maps and tour guides.

Mob.: +370 699 56 009, 615 91 773, fax +370 46 49 29 26, e-mail info@bicycle.lt; an online bicycle rental reservation form is available via www.bicycle.lt.

Klaipėda Tourism and Culture Information Centre, Turgaus St 7, tel. +370 46 41 21 86, e-mail tic@one.lt.

How to come to the Lithuanian Seaside?



By plane

Bicycle transportation by plane is limited, please check with the airlines in advance. Regular direct flights from/to Palanga International Airport are operated by Scandinavian Airlines (SAS), Air Lithuania, Lithuanian Airlines (Fly LAL) and AmberAir.

The major regular direct flight destinations during the summer season are: Billund and Copenhagen (Denmark), Stockholm and Ronneby (Sweden), Oslo (Norway), Hamburg, Berlin, Frankfurt and Hanover (Germany). Due to good connections to Palanga with SAS and Air Lithuania, it is easy to reach Palanga from many European cities via Copenhagen, Oslo, or Billund.

Palanga International Airport, Palanga, Liepojos St 1, tel. +370 460 52 020, www.palanga-airport.lt.

You can fly with traditional or cheap airlines directly to (i.e. Ryanair, Wizz Air, Air Baltic) Kaunas, Vilnius, or Riga International Airport and then go to Klaipėda, Palanga, or Nida (3–7 hours) by bus or train.



By train

Bicycles can be easily transported by train using special areas and racks or in the post carriages. In summer it is possible to carry bicycles on the long distance trains Pajūris and Baltija, running from Vilnius to the seaside, using special racks and areas designated for the handicapped and bicycles. The transportation fee per bicycle is from 1–7 Litas (~0.3–2 Euro) depending on the distance. The number of bicycle stands is limited; more than four cyclists may be a problem when ordering tickets in advance. More information on train schedules and prices is available in the train station or on the web page of Lithuanian Railways (“Lietuvos Geležinkeliai in Lithuanian”) www.litrail.lt.



By bus

Bus is the most popular means of transport in the Baltic States, and there are many more buses than trains. Even if bicycle transportation by bus officially is not possible, it is usually possible to make an agreement with the bus driver. You can pack your bike in the luggage area (it is usually better to take the front wheel off) for a small fee, if space allows. The situation is similar with national and international buses. You can find bus schedules of companies going to the Lithuanian seaside on the internet: www.klap.lt (Klaipėda), www.toks.lt (Vilnius), www.kautra.lt (Kaunas), www.busturas.lt (Šiauliai). For larger groups, travel agencies may offer transport services by bus or minibuses with special trailers for 16–20 bicycles.



By ferry

Bicycle transportation by ferry is not a problem and is not expensive, but bear in mind that ferries are booked well in advance. There are international cargo-passenger ferries running to Klaipėda from Kiel (Germany), Karlshamn (Sweden) and Gdansk (Poland).

Klaipėda International Ferry Port, Perkėlos St 10, tel. +370 46 39 50 50, www.portofklaipeda.lt

Since 2006 there is only one international ferry lines operator in the Klaipėda port:

LISCO Baltic Service, Klaipėda, J. Janonio St 24, tel. +370 46 39 36 11, e-mail passenger@lisco.lt, www.lisco.lt.

Local Ferry (Klaipėda–Smiltynė, Curonian Spit):

I – Old Ferry Terminal (operating hours: 5.30 a.m.–3.00 a.m.), Žvejų St 8 (in the old town), tel. +370 46 31 11 17;

II – New Ferry Terminal (operating hours: 6.30 a.m.–11.30 p.m.), Nemuno St 8, tel. +370 46 36 70 03.

The fee for a return ticket is the same for a passenger with the bicycle and without – 1.5 Litas (~0.45 Euro, in 2005). Schedules and more information are available on the web page of Smiltynės Perkėla www.keltas.lt.



By boat (in the Curonian Lagoon)

Unfortunately there are no regular ferries across the Curonian Lagoon. Therefore you must reserve a boat to get your group or individual clients from Nida or Juodkrantė to Šturmai, Uostadvaris, Šilutė, Rusnė, or Minija (Mingė). You can also take a go for a cruise from Klaipėda to Nida via Juodkrantė. Or buy tickets to a speed boat from Kaunas to Nida via Rusnė (since May 2006). Schedules and more information are available on the web www.jukunda.lt and in local tourist information centres.



Scale 1:350 000
 1 cm = 3.5 km, 7 km = 2 cm.

LATVIA



BALTIC SEA

ŠVENTOJI

Būtingė
 Mancišké
 Užkanavė
 Paliepgiriai
 Kunigiškiai
 Kontininkai
 Vanagupė

PALANGA

2

Virbališkė
 Kretingalė

Seacoast Regional Park

KLAIPĖDA

i i

Map legend



Tourist information centre



Lithuanian Seaside Cycle Route



Boat route

BALTIC SEA

1

Curonian Spit National Park

Juodkrantė

i

Priekulė

Dreverna

Kintai

3

Pervalka

Preila

Ventė

Nemunas Delta Regional Park

NIDA

i

Rusnė

i

ŠILUTĖ

i

Dovilai

Veiviržėnai

Svėkšna

RUSSIA

The Lithuanian Seaside Cycle Route

The Lithuanian Seaside Cycle Route consists of three different parts that join in their natural centre – Klaipėda (formerly Memel in German) – the largest city in the Lithuanian seaside region. Klaipėda was once an outpost of the Christian German knights to the Pagan Balts. It later became a border of the German Reich. The situation totally changed in the 20th century: in 1945, the last German soldiers left the city in ruins, and almost none of the original inhabitants stayed there.

Today Klaipėda has approximately 200,000 inhabitants. With a nicely restored old town, plenty of museums and still visible traces of the Soviet past, the harbour city has become Lithuania's gateway to the world. Klaipėda has well-developed cycling infrastructure and bicycle services (shops, repair, rent). Convenient connections to national and international transport networks (ferry lines across the Baltic Sea, direct flights to the Palanga airport and bus connections to Vilnius and Riga) make it a perfect starting place for your cycling holidays along the Lithuanian Seaside Cycle Route.

Meanwhile, various tour operators from Lithuania and abroad offer a wide range of possibilities: from individual non-guided bicycle tours with booked accommodation to fully guided groups with a bus and trailer for bicycles. If interested, contact travel operators listed on the back cover page or get more information on the web page www.bicycle.lt under "travel".

The Lithuanian Seaside Cycle Route's three sections run in different directions and provide a unique opportunity to explore three ethnographic regions with their particular nature, history and culture.



Dunes along the bay shore in Nida.

1 From Klaipėda cycle south to Nida along the Curonian Spit (approx. 50 km/31 miles)

Sights: the Curonian Spit, which is on the UNESCO World Heritage List, is the most impressive spot on the route: colossal sand dunes in the high standard resort of Nida, and the old fishing villages of Juodkrantė, Pervalka and Preila. Juodkrantė, the second largest settlement on Neringa, is famous for the Hill of Witches (folk culture) and the largest colony of grey herons and cormorants.

Route quality: a high-quality bicycle path connects Nida with Juodkrantė, and a sandy forest trail connects Juodkrantė with Smiltynė/Klaipėda (plans are to asphalt this trail in 2006).

Service quality: a wide range of accommodation (from Nida Campsite to 3-star hotels in Nida and Juodkrantė) is offered in the Curonian Spit; private accommodation is available in all settlements on the Curonian Spit.

2 From Klaipėda cycle north to the Latvian border at Būtingė (approx. 50 km/31 miles)

Sights: as the least known part of the route, it promises many captivating discoveries. Here you will cross a historical border between the German Reich and the Russian Empire! Explore Seaside Regional Park, pass a former Soviet military polygon area, and visit Palanga – the most popular Lithuanian seaside resort with its cosy wooden villas, famous botanical park, and the Amber Museum established in the former manor house of Count Tiškevičius.

Route quality: the main part of the bicycle path, leading along the Baltic coast from Klaipėda to Palanga and Šventoji, is asphalted. Other parts from Klaipėda to Palanga will be paved in 2006.

Service quality: Palanga offers a great variety of food and lodging from campsites to 5-star hotels, but it can't promise peace and quiet as it is visited by hundreds of thousands of people every year.



Curonian Lagoon is a paradise for migrating birds.

3 From Klaipėda cycle south to Šilutė and Rusnė Island along the inland coast of the Curonian Lagoon (approx. 110 km/68 miles)

Sights: the cultural landscape of the so-called "Memelland" is very old. It is distinguished by small fishing villages and has been shaped by the eternal fight of man and the waters of the river and the bay. One of the villages – Minija (Mingė) – is called Venice of Lithuania, because the Minija River serves as the main street. Rusnė Island provides shelter for migrating birds – approximately five million supposedly pass through each year. At the Ventė Horn, you can visit a 19th century lighthouse and the ornithological station that retell their stories and offer an amazing view of the landscape and a glimpse of the shining sand dunes of the Curonian Spit. The small towns of Priekulė and Šilutė have maintained a lot of their charm of the Interwar period, as if you were travelling back in time. This region is associated with celebrities of both Lithuanian and German culture like Ieva Simonaitytė, Wilhelm Storost Vydūnas, Hermann Sudermann and Johannes Bobrowski.

Route: this part of the route is attractive to tourists seeking pure nature, as there are no bicycle paths, only asphalt roads with gravel in some parts.

Service quality: less and lower standard.

Other long distance cycle routes connecting with the Lithuanian Seaside Cycle Route:

- **European Cycle Route EuroVelo® (www.eurovelo.org) No. 10 Baltic Sea Circuit (Hanza Circuit)** leads towards Riga (Latvia) to the north and to Kaliningrad District (Russia) to the south.
- **European Cycle Trail R-1** (Calais–St. Petersburg) in Lithuania coincides with part of the EuroVelo® Route.
- **The Nemunas River Cycle Route** (Klaipėda–Kaunas) is the first Lithuanian long distance cycle route heading towards the capital of Vilnius.





A 19th-century lighthouse in Uostadvaris.

Specialised publications for cyclists, which can be ordered from the BaltiCCycle virtual map store on www.bicycle.lt or from local tourist information centres:

- Klaipėda City Map for Cyclists M 1:25,000 (cycle routes, traffic regulations and services), by Saulius Ružinskas. Klaipėda City Municipality, 2005–2006.
- Cycling in Western Lithuania and Lower Curonia, Latvia (Cycle Route Map of Western Lithuania, M 1:160,000; Cycle Route Map of Lower Curonia, Latvia, M 1:400,000), by Saulius Ružinskas. Klaipėda City Municipality, 2005–2006.
- Lettland per Rad/Latvia by Bicycle (BaltiCCycle Tour Guide for Cyclists, cycle routes through Latvia from Lithuania to the Estonian border, in German), by Frank Wurft. Du ratai, 2004.
- Nemunas Bicycle Trail Kaunas–Klaipėda (Travel Guide for Cyclists in Lithuanian and German; English version to be published in 2006), by Atgaja Community, 2004.

The cycle travel guide the **Lithuanian Seaside Cycle Route** that is published in three languages (Lithuanian, English and German) allows you to plan a cycling trip according to your individual needs. The guide is available at tourist information centres in the Lithuanian seaside region, or you can order it from the BaltiCCycle virtual map store on www.bicycle.lt.

The Lithuanian Seaside Cycle Route invites cyclist groups and individual travellers to discover the land of three waters: you can choose either to explore this cycle route in its entirety, or continue your trip along other cycle routes (destinations towards Riga or Vilnius). Following are some of the most popular itineraries of the Lithuanian Seaside Cycle Route.



Bicycling route Klaipėda–Palanga.

2-day tour

The Northern Trail (Palanga Route)

Cycle route: Klaipėda–Palanga–Šventoji–Palanga–Klaipėda (approx. 80 km/50 miles).

Sights: Seaside Regional Park (the Dutchman's cap – a 24-metre-high coastal cliff, the fishing village of Karklė, Plazė Lake, the former lifeguard station in Nemirseta), Palanga Botanical Park and Amber Museum, church of St. Mary, J. Basanavičius Pedestrian Street and a pier heading 470 metres into the sea, Samogitian Sanctuary in Šventoji. Overnight stay in Palanga (one night).

3-day tour

The Curonian Spit Trail

Cycle route: Klaipėda–Juodkrantė–Pervalka–Preila–Nida (approx. 50 km/31 miles) and 3 alternatives for the return to Klaipėda:

- Preila–Pervalka–Juodkrantė–Klaipėda (approx. 50 km/31 miles);
- by boat to the harbours of Šturmai or Minija (Mingė) located in other side of the Curonian Lagoon and cycle back to Klaipėda via Ventė–Kintai–Priekulė (approx. 55 km/34 miles);
- cruise by regular boat from Nida back to Klaipėda via Juodkrantė (4.5 hours).

Sights: 50 km long sand beach, the Klaipėda Sea Museum and Dolphinarium in Smiltynė, the Hill of Witches and a colony of grey herons and cormorants in Juodkrantė, the Dead Dunes near Pervalka, fishermen's houses in the old town of Nida, the Great Dune of Parnidis, the Thomas Mann House and Museum, the Mizgiris Amber Gallery and Museum, the Lutheran church in Nida, and an ancient Curonian cemetery.

Inland sights: Ventės Ragas Ornithological Station and an 19th century lighthouse, Minija (Mingė) Village – the Venice of Lithuania, the I. Simonaitytė Memorial Museum in Priekulė. Overnight stay in Juodkrantė (one night) and Nida (one or two nights) when the return route is a) or c) and Ventė / Kintai (one night) when the return route is b).



Cognitive path through the Dead Dunes near Pervalka.

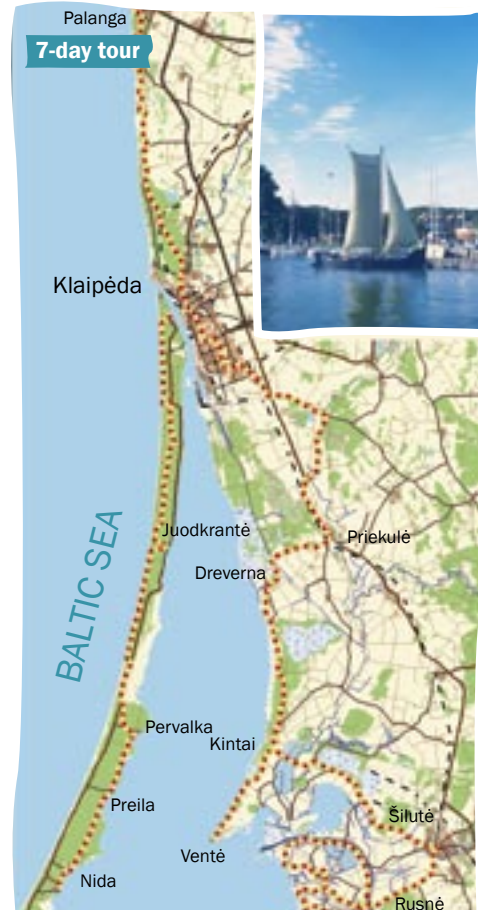




2-day tour



3-day tour Klaipėda



7-day tour

1 The Northern Trail (Palanga Route).

2 The Curonian Spit Trail.

3 The land of three waters by bicycle.

7-day tour

The land of three waters by bicycle

Cycle route: Klaipėda–Palanga–Klaipėda–Priekulė–Drevėna–Kintai–Ventė–Šilutė–Rusnė–Uostadvaris–(by boat to Nida)–Nida–Preila–Pervalka–Juodkrantė–Klaipėda (approx. 210 km/130 miles).

Itinerary:

Day 1: Klaipėda.

Arrival in Klaipėda, preparation for travel.

Overnight stay in Klaipėda.

Day 2: Klaipėda–Palanga–Klaipėda (approx. 55 km/34 miles).

Bicycling to Palanga and back through Giruliai Forest and Seaside Regional Park.

Sights: The Dutchman's Cap – a 24-metre-high coastal cliff, the fishing village of Karklė, Plazė Lake, the former lifeguard station in Nemirseta, Palanga Botanical Park and Amber Museum, church of St. Mary, J. Basanavičius Pedestrian Street and a pier heading 470 metres into the sea.

Overnight stay in Klaipėda.

Day 3: Klaipėda–Priekulė–Drevėna–Kintai–Ventė (approx. 55 km/34 miles).

Bicycling through fishing villages of Pamarys Region.

Inland sights: I. Simonaitytė Memorial Museum in Priekulė, Ventės Ragas Ornithological Station and a lighthouse of the 19th century.

Overnight stay in Ventė.

Day 4: Ventė–Kintai–Šilutė–Rusnė–Uostadvaris–Nida (approx. 50 km/31 miles).

Bicycling through Pamarys Meadows and Rusnė island; you should bear in mind that in spring these meadows are flooded. Crossing the Curonian Lagoon specially reserved boat from Uostadvaris harbour to Nida.

Sights: Nature trail in Aukštumala Swamp, the old town of Šilutė, Rusnė Ethnographic Fisherman's Farmstead – an open air

museum, a Polder Museum and an 19th century lighthouse in Uostadvaris Harbour.

Overnight stay in Nida.

Day 5: Nida.

A day of rest for swimming and sunbathing or going for a stroll around Nida and its surroundings.

Sights: The Great Dune of Parnidis and the ruins of the sundial, fishermen's huts with straw roofs, the Thomas Mann House and Museum, the Mizgiris Amber Gallery and Museum, a Lutheran church and an ancient Curonian cemetery.

Overnight stay in Nida.

Day 6: Nida–Preila–Pervalka–Juodkrantė–Klaipėda (approx. 50 km/31 miles).

Bicycling through the Curonian Spit on asphalt bike path and forest trail.

Sights: Wooden path to the Dead Dunes beyond Pervalka where opens a panoramic view of both the Baltic Sea and the Curonian Lagoon, a colony of grey herons and cormorants and the Hill of Witches in Juodkrantė. The Sea Museum and Dolphinarium in Smiltynė, Klaipėda.

Overnight in Klaipėda.

Day 7: travelling home from Klaipėda.



Specially reserved boat takes cyclists from Minija to Nida.



There are several tour operators in the Lithuanian Seaside Region that offer cycle tour packages and other services for groups and individual travellers. Tour packages include all necessary travel services: accommodation at hotels, guesthouses and country farmsteads, catering in restaurants and hotels, transport (ground and water), English and German speaking guides, museums, information materials and maps, bicycle rentals and their transportation along the route, daily luggage transport from one hotel to another, travel insurance, etc.

Local tour operators

(for bicycle tours and other travel services)

- **Liturimex Cycling Holidays**, Liepų St 21, Klaipėda, tel. +370 46 31 06 08, e-mail klaipeda@liturimex.lt, www.liturimex.lt
- **Krantas Travel**, Teatro St 5, Klaipėda, tel. +370 46 39 51 11, e-mail travel@krantas.lt, www.krantas.lt
- **Dorlita**, Tomo St 10A-1, Klaipėda, tel. +370 46 41 13 46, e-mail dorlita@tinklai.net

Tourist information centres (TIC) in the Lithuanian Seaside Region:

KLAIPĖDA

- Turgaus Sq 7, tel. +370 46 41 21 86, fax +370 46 41 21 85, e-mail tic@klaipedainfo.lt, www.klaipedainfo.lt
- Minijos St 119, tel. +370 46 38 08 03,
- Visitor Centre of Curonian Spit National Park, Smiltynės St 11, tel. +370 46 40 22 56, fax +370 46 40 22 57, e-mail info@nerija.lt, www.nerija.lt

GARGŽDAI (Klaipėda District)

- Klaipėdos St 15, tel./fax +370 46 47 34 16, e-mail tourgargzdai@delfi.lt, www.klaipedos-r.lt

NERINGA

- NIDA, Taikos St 4, tel. +370 469 52 345, fax +370 469 52 015, e-mail info@visitneringa.lt, www.visitneringa.com
- JUODKRANTĖ, L. Rėzos St 54, tel./fax +370 469 53 490, e-mail juodkrante@neringa.lt, www.visitneringa.com

PALANGA

- Kretingos St 1, tel. +370 460 48 811, fax +370 46 04 8 822, e-mail info@palangatic.lt, www.palangatic.lt, www.palanga.lt

ŠILUTĖ

- Lietuvininkų St 10/ Parko St 2, tel. +370 441 77 795, fax +370 441 77 785, e-mail info@siluteinfo.lt, www.siluteinfo.lt
- Visitor Centre of the Nemunas Delta Regional Park, Pakalnės St 40A, Šilutė District, tel: +370 441 61 685/ 58 154

Tourist information centres (TIC) abroad:

FINLAND

- Kapteeninkatu St 7, 00140 Helsinki, tel. +358 9 633 777 17, fax +358 9 622 777 18, e-mail info@liettua.fi, www.liettua.fi

POLAND

- Al. Ujazdowskie 51, 00-536 Warszawa, tel. +48 22 584 70 52, fax +48 22 584 70 53, e-mail info@litwatravel.com, www.litwatravel.com

GERMANY

- Baltikum Tourismus Zentrale, Katharinen St 19-20, 10711 Berlin-Wilmersdorf, tel. +49 030 890 090 91, fax +49 030 890 090 92, e-mail info@baltikuminfo.de, www.baltikuminfo.de

SPAIN

- El centro de la información turística de Lituania, L' Encarnacio, 70, bajos, 08024 Barcelona, tel. +34 93 285 3285, fax. +34 93 334 3469, e-mail info@lituaniatrade.com, www.lituaniatur.com

Other useful contacts:

- **Virtual Bicycle Information Centre** (International BaltiCCycle project), PO Box 61, LT-01002 Vilnius, tel. +370 699 56 009, fax +370 5 278 40 74, e-mail info@bicycle.lt, www.bicycle.lt (in English/German) www.dviratis.lt (in Lithuanian)
On-line map store and bicycle reservation, information on specialised services for cyclists: bicycle shops, repair and rental services, cycle maps and tour guides, cycle tours, BaltiCCycle in Lithuania, Latvia and Estonia.
- Lithuanian Cyclist Community, PO Box 190, LT-91001 Klaipėda, tel. +370 615 91 773, e-mail ldb@dviratis.lt, www.dviratis.lt/ldb

Tourist information on the internet

- www.lietuva.lt / www.lithuania.lt / www.litauen.lt – Lithuanian central internet portal;
- www.tourism.lt – Lithuanian State Department of Tourism;
- www.travel.lt – tourist information and hotel reservation system;
- www.klajoklis.lt – tourism, travel and information for tourists;
- www.atostogoskaime.lt – rural tourism;
- www.inyourpocket.com/Lithuania/ – In your Pocket City Guide Information for Lithuania;
- www.balticsworldwide.com – City Paper. The Baltic States.

Protected areas in the Lithuanian seaside region:

- www.nerija.lt – Curonian Spit National Park;
- www.pajuris.info – Seaside Regional Park.

