

Your bike must be prepared for long travel on gravel roads and well checked before.

TYPE of bike. We recommend:

- a 26-MTB or a 28-Touring bike
- if no suspension with 50 mm or wider tires to smooth cycling on rough roads
- if using a 28-Tourer with 37 mm tires (not smaller!), you should have suspension (fork, saddle-post)

LUGGAGE. We strictly recommend fitting your bike with carriers for low-riders in front too! Cause there might be some days without car (border-problem, repairing) and you must be able to carry your entire luggage on bike.

BRAKES. Cycling downhill safe brakes is a must. If your bicycle has been used, you should change all brake cables and if necessary the outer hulls too, replace the brake-pads.

GEARS. If your bicycle has been used, you should change all gear cables and if necessary the outer hulls too, and replace the chain and the back gears.

LIGHT. Check (and add) reflectors. Use dynamo-light or good LED-lights for front and rear side. It's important that you are able to cycle in darkness on rough roads, if necessary.

Bicycle FIRST_AID kit. The above mentioned cables, pads, chain (gears), a tube and a foldable tire, light-bulbs, basic tools.

Who is interested in more details read world-travelers' advises:

<http://tomsbiketrip.com/how-to-build-the-ultimate-round-the-world-expedition-touring-bike/>